

First impressions

SARAH CLASS

...is an award-winning composer who was chosen to write a new piece of music for the King's Coronation. She is an ambassador for the World Land Trust, which buys and protects threatened habitats around the world

What are you working on at the moment?

I'm finishing the score for a new animated dinosaur film and working on an album.

When are you at your happiest?

When I'm out in nature, either in the waves, swimming or surfing, or walking in beautiful woodlands. And, of course, writing music!

What is your greatest fear?

That world governments will not act quickly enough to save the planet's precious species and biodiversity.

What is your earliest memory?

Waking up early and waiting for the dawn chorus to start because I was afraid of the dark.

What do you dislike about yourself?

My wakefulness. I'd love to be a good sleeper.

Who has been your greatest influence?

My father. He taught me to play the piano and inspired a love of nature. He writes poetry, and I think my love of writing lyrics, poetry and music comes from him.

What is your most treasured possession?

A beautiful aquamarine

and gold cross I bought years ago in my friend's jewellery shop in Corfu.

What trait do you most deplore in others?

I try to look beyond challenging traits and look for the best.

Do you have any pets?

A gorgeous cockapoo called Moppet, who is a real character. I absolutely love animals.

Favourite book?

At least two! *Watership Down* by Richard Adams and *The Mists of Avalon* by Marion Zimmer Bradley.

Favourite film?

Watership Down and *The English Patient*.

Favourite piece of music?

Dvorak's *Rusalka* ('Song to the Moon') and his *Cello Concerto in B Minor*. Also, Janacek's *Second String Quartet*.

Favourite meal?

Fresh fish, Greek salad and tzatziki, with a great sunset, looking out to sea on a beautiful beach somewhere in Greece.

Who would you most like to come to dinner?

Sir George Martin, for his great stories about music, The Beatles and Sir David Attenborough. I'd also



love to chat to Florence Welch over some sort of sumptuous dessert.

Do you believe in aliens?

It's inconceivable to think we are the only life-forms in this universe.

What is your secret vice?

No-added-sugar Discover Chocolate. Its nutmeg,

cinnamon and cloves bar is to die for!

Do you write thank-you notes?

Yes, sometimes. I also love sending flowers and leaving thank-you messages on WhatsApp.

Which phrase do you most overuse?

'Pardon – sorry, could you say that again?'

What would improve the quality of your life?

Living by the sea.

Can you tell me one thing people may not know about you?

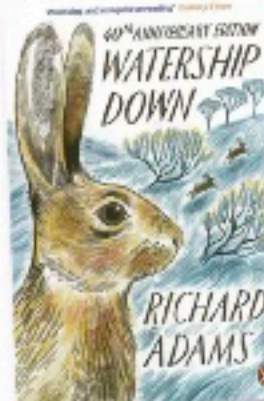
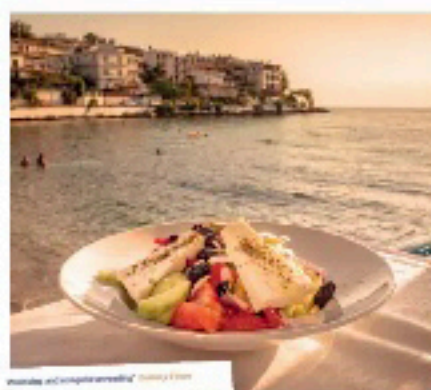
I believe we're powerful beyond measure and that we have the ability to consciously create the joyful lives we desire.

What would you like your epitaph to say?

'I heard the angels sing and saw my own divinity... Through music's heart I bring a salve for all eternity' ■

◆ Sarah's album *Resonate* is available to listen to or buy at <https://slinky.to/resonate>

'I believe we are powerful beyond measure'



Sarah's favourites: Greek salad and *Watership Down*